

Table 3. Adverse Effects During or After KA-EMDR Sessions

Adverse Effects	N (%)
Wooziness/Loopiness	5 (71.4%)
Numbness in the mouth or face	5 (71.4%)
Terrible taste in the mouth	4 (57.1%)
Tiredness/Fatigue	4 (57.1%)
Heavy body feeling	3 (42.9%)
Blurred vision	3 (42.9%)
Dizziness/Faintness	2 (28.6%)
Nausea	2 (28.6%)
Vivid dreams	2 (28.6%)
Dry mouth	1 (14.3%)